



Hello! *My name is Joanne Breuer.*

*I'm a Certified Health Advisor and am excited to provide you with information regarding our program. Take Shape for Life is committed to helping you achieve optimal weight loss and maintain your weight with simple strategies for lifelong health. With the personal support of a Health Advisor, we will help you reach your weight goal with Medifast meals that are low calorie, low fat, and nutritionally balanced. The 5&1 Plan is carefully designed to give you the right amount of food to keep you satisfied while you lose weight. Along the way, your Health Advisor will be there to provide the care and support you need to succeed and maintain your weight loss and health program for life.*

*Medifast has been clinically proven by major research institutions and has been recommended by over 15, 000 physician. You can visit us on my website [www.weightbusterstsf.com](http://www.weightbusterstsf.com) to view inspirational weight loss successes from people like you.*

*Please take a few minutes listen to a 2 minute toll free call (866-200-6719) from our Medical Director of Take Shape for Life please his call will explain the importance of your Health Advisor.*

*Please review the **Quick Start Guide** on my website at [www.weightbusterstsf.com](http://www.weightbusterstsf.com) click on the icon "Support Center" then "Tools and Resources". There you will find an outlined of our program called the "5 & 1", that's 5 meal replacements (our product) a day with one lean and green meal (lean source of protein and a salad or a vegetable) per day. You're only responsible for the lean and green meal...we'll take care of the rest.*

*Please review the **BeSlim Club Rewards Program** which is our progressive discount rewards program and a great way to get a discount every month **and you will always receive FREE SHIPPING with an order of \$200 before your discount.** With your next order you will receive a discount of 5% for 3 month then 8% for 3 month and in your 7<sup>th</sup> month you will be at 12%. This is a great way to off set your shipping costs when you are on maintenance. You will earn points with every order that you can turn in for free merchandise. Plus it makes it super easy to stay on the program without thinking about it! .*

*After your initial order your average order each month will come to around \$200. With our BeSlim Rewards progressive discount program you will receive a 5% discount the first 3 months and 8% discount the following 3 months and 12% discount after 7 month and always free shipping. I will give you a \$10 credit for purchase of product for EACH referral of someone you refer to me that gets started on the program!*

***If you do decide to get started...please call me so I can get you your discounts! :)***

*So, you just call when you're ready!!*

We also have a great online support center that allows you to log your weight loss, foods eaten daily, and exercise and keep inventory of your products. It has recipes, articles and a chat room! It is a wonderful additional to the support that you get from me! Go to my website [www.weightbusterstsfl.tsfl.com](http://www.weightbusterstsfl.tsfl.com) and click on the "Resources" icon on the home page.

Also, we have free support calls made available by the company:

\* [Nurse's Support Call](#): Monday evenings at 8:30-9:00 (EST) 646-519-5860 pin 0971#. This is an interactive question/answer call mixed with guest speakers and helpful information. There is a 24/7 recorded call of the previous weeks call at 212-461-8672!

\* [Physician's Call](#): Wednesday evenings at 8:30-9:00 (EST) 646-519-5860 pin 0971#. This is an interactive question/answer call mixed with educational/health related information. There is a 24/7 recorded call of the previous weeks call at 212-461-8671!

\* [Stay in Shape" Maintenance Call](#): Wednesday evenings 8:00-8:30 (EST) 512-225-9427 pin 77421#. An interactive question/answer call with topics helpful to those customers who have lost weight and wish to keep it off. There is a 24/7 recorded call of the previous weeks call at 512-505-6863!

Thank you for requesting information on our program. I'm looking forward to working with you. If you decide to get started please call me at 503-812-5877 so I can get you your discounts. I want you to know that I will be here to support and to help you in your efforts to lose weight and reach your optimal health.

## ***Take Control...Shape Your Life!***

Joanne Breuer, Certified Health Advisor

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503-812-5877

360-420-7367

[www.weightbusterstsfl.tsfl.com](http://www.weightbusterstsfl.tsfl.com) for you as a client to access your account or to refer a friend  
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